

STATISTICAL ANALYSIS REPORT:

Determining the Barriers to Healthcare Access and Utilization Among Single Mothers in Rural Kenya

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1 Introduction

In Malindi, Kenya, there is a great deal of stigma surrounding single motherhood. As a result, single mothers are often discriminated against, shunned, or even ostracized from their communities. This creates a huge burden on these women and their children, leading to stress and a decreased quality of life in general. Two years ago, Jim and Laura Reppart, representatives from the Caris Foundation in Malindi, began a project to empower forty-one single mothers by linking them to skilled labor training, offering a support system, and providing them with access to health care. Through this program, women learn leadership skills and general health education. By providing single mothers with opportunities for personal growth, they are able to rise above societal stigma to improve the quality of their own lives as well as the lives of their children. The Caris Foundation is looking to expand the program from forty-one single mothers to two hundred by next year.

The greatest challenge for expanding this program will be the delivery of health care to all of these single mothers and their children. For the first group of forty-one women, The Caris Foundation paid Malindi District hospital to provide health care services. The problem with this system is that the women must travel from their home villages to Malindi for treatment. Variables such as distance to the clinic, access to safe transportation, cost of travel, and lost work time are all obstacles that impact clinic visitation rates.

Previous research has shown that barriers to care affect clinic visitation rates. One study in rural western Kenya found that for every 1 km increase in distance from a clinic, the rate of clinic visitation for mothers and their children decreased by 34% (Feikin et al. 2008). A study in Coastal Kenya reported that 50.8% of rural adults were likely to lose one income day as compared to 27.9% of adults in urban areas (P<0.001) (Chuma et al. 2007). If this data holds true for single mothers near Malindi, then there is a clear need for close, community-based care.

1.1 Research Aims

- 1.1.1 To summarize demographics, barriers to care and health characteristics by program participation.
- 1.1.2 To identify predictors of care for sickness sought at Malindi district hospital.
- 1.1.3 To identify predictors of hospital delivery.
- 1.1.4 To identify predictors of perceived barriers to care.

2 Methods

2.1 Participants

Over one hundred women gave consent to participate in survey interviews. Forty-one women were from the pilot program and 60 from the expansion program. Two interviews were not completed due to time constraints.

2.2 Data Sources and Measurements

The study contains 101 patient interviews. The structure of the survey includes questions about basic demographics (age, sex, marriage status, occupation), health care usage (where do you go for medical care, how often, etc) and barriers that exist to accessing care (how far do you travel, how much does it cost, etc). This survey was administered in Swahili (native language). Edits were made to the survey following input from the field workers. The Vanderbilt RedCAP database is a password-protected database that was used to store survey data.

2.3 Outcomes

The primary outcome will be pilot versus expansion groups. Secondary outcomes are barriers to care and the location of medical care for any sickness in the past year or for any labor and delivery.

2.4 Statistical Methods

1. To summarize demographics, barriers to care and health characteristics by program participation.

Descriptive statistics will be used to summarize patient characteristics by program participation for each module of the questionnaire: demographics, barriers to care, medications, pregnancies, maternal and child health, WHO-QoL.

2. To identify predictors of care for sickness sought at Malindi district hospital.

Multivariable logistic regression models will be used to assess the relationship between care for sickness sought at Malindi district hospital with known and hypothesized barriers to care. Specifically, group, distance to nearest clinic, number of children, type of sickness, and severity of sickness are predictors of interest. Missing values of predictors will be accounted for using single imputation techniques. The unit of analysis is the sickness (up to 8 per women), so the Huber-White method to adjust the variance-covariance matrix for correlated responses will be utilized to account for correlation between each sickness.

3. To identify predictors of hospital delivery.

Multivariable logistic regression models will be used to assess the relationship between hospital delivery with known and hypothesized barriers to care. Specifically, group, distance to nearest clinic, maternal education, number of children, and complications are predictors of interest. Missing values of predictors were accounted for using single imputation. The unit of analysis is the labor and delivery (up to 13 per women), so the Huber-White method to adjust the variance-covariance matrix for correlated responses will be utilized to account for correlation between each labor and delivery.

4. To identify predictors of perceived barriers to care.

Multivariable proportional odds models will be used to assess the relationship between perceived barriers to care with group, age, maternal education, and number of children. Missing values of predictors were accounted for using single imputation; all predictors had less than 6% missing.

R-software 2.13.1 (www.r-project.org) will be used for data analyses.

List of Tables

| 1 | Summary of Respondent Characteristics by Program Participation | 4 |
|----------|--|----|
| 2 | Summary of Healthcare Needs by Program Participation | 5 |
| 3 | Summary of Transportion and Costs by Program Participation | 6 |
| 4 | Summary of Barriers to Medication by Program Participation | 7 |
| 5 | Summary of Barriers to Care by Program Participation | 8 |
| 6 | Proportional Odds Models: Barriers to Care | 9 |
| 7 | Health Outcomes by Program Participation | 10 |
| 8 | Health Outcomes by Malindi Hospital Use | 11 |
| 9 | Logistic Regression Model: Malindi District Hospital Use (with Severity) | 12 |
| 10 | Logistic Regression Model: Malindi District Hospital Use (with Type) | 12 |
| 11 | Pregnancy Outcomes by Program Participation | 13 |
| 12 | Pregnancy Outcomes by Labor and Delivery Location | 14 |
| 13 | Logistic Regression Model: Labor and Delivery in Hospital | 15 |

| 14 | Logistic Regression Model: Malindi District Hospital is destination for children when they | |
|----|--|----|
| | are sick | 17 |
| 15 | Logistic Regression Model: Public Hospital is destination for self when sick | 17 |

Results 3

| | D:1-+ | <u> </u> | <u> </u> |
|--|-------------------|--------------------|-------------------|
| | Pilot | Expansion | Combined |
| | (n=41) | (n=60) | (n=101) |
| Which TTG is this SM in?, n(%) | 2 (701) | 10 (0007) | |
| Tumaini | 2(5%) | 12 (20%) | 14 (14%) |
| Jipe Moyo Kijiwetanga | 9 (22%) | 1 (2%) | 10(10%) |
| Mahenzo | 3 (7%) | 9 (15%) | 12 (12%) |
| Upendo Barani | 6(15%) | 2(3%) | 8 (8%) |
| Al Razak | 1(2%) | 10~(17%) | 11 (11%) |
| Mwangaza | 1(2%) | 10~(17%) | 11 (11%) |
| None | 19~(46%) | 0 (0%) | 19~(19%) |
| Upendo Sabaki | 0 (0%) | 8(13%) | 8 (8%) |
| Vitendo | 0 (0%) | 8(13%) | 8 (8%) |
| Age of single mother ^a | 22 (20, 25) | 27 (21, 38) | $25\ (21,\ 31)$ |
| Missing age of single mother, $n(\%)$ | 4 (10%) | 2(3%) | 6(6%) |
| Number of years of primary school | 5(2.5, 7) | 4(0,7) | 5(1,7) |
| Missing number of years of primary school, $n(\%)$ | 2(5%) | 4 (7%) | 6(6%) |
| Number of years of secondary school | 0(0, 0) | 0(0, 0) | 0(0, 0) |
| Missing number of years of secondary school, $n(\%)$ | 2(5%) | 4 (7%) | 6 (6%) |
| Employment, $n(\%)$ | | | |
| Missing ^b | 6(15%) | 1(2%) | 7 (7%) |
| Full time | 2(6%) | 3(5%) | 5 (5%) |
| Casual laborer | 4 (11%) | 6(10%) | 10 (11%) |
| No work | 9(26%) | 11 (19%) | 20(21%) |
| Self-employed | 20(57%) | 39(66%) | 59(63%) |
| Monthly income | 2000(500, 3000) | 2000(100.3000) | 2000(275,3000) |
| Missing monthly income $n(\%)$ | 14(34%) | 7(12%) | 21 (21%) |
| Type of home $n(\%)$ | 11 (01/0) | (12/0) | 21 (21/0) |
| Missing | 2(5%) | 0(0%) | 2(2%) |
| Family Homestead | 30(77%) | 46(77%) | $\frac{2}{(270)}$ |
| Bented House | 9(23%) | 14(23%) | 23(23%) |
| Boof $n(\%)$ | 5 (2070) | 11 (2070) | 20 (2070) |
| Missing | 0(0%) | 2(3%) | 2(2%) |
| Makuti | 26(63%) | 2(370) 28 (48%) | 54(55%) |
| Makati | 15(37%) | 20(40%) 30(52%) | 45(45%) |
| Water course $n(0)$ | 10 (0170) | 30 (3270) | 40 (4070) |
| Missing | 0(0%) | 9(907) | 2(207) |
| In house | 0(0/0) 2(707) | 2(370) 5(0%) | 2(2/0) 2(907) |
| Public top | 3(170) 24(50%) | 3(970) 25(60%) | 0(0/0) |
| Pierry (stranger) | 24(3970) | 35(0070) | 39(0070) |
| River/stream | 2(3%) | 1(2%) 17(20%) | 3(3%) |
| Veil water | 12 (29%) | 17 (29%) | 29 (29%) |
| Latrine type, n(%) | 9(707) | 1(907) | 4 (407) |
| Missing | 3(1%) | 1(2%) | 4(4%) |
| Indoor | 5(13%) | 4(7%) | 9 (9%) |
| Outdoor | 16 (42%) | 17 (29%) | 33 (34%) |
| None | 17 (45%) | 38 (64%) | 55 (57%) |
| Age of oldest child | 6(4, 8) | 10(4.5, 18) | 7(4, 11) |
| Missing age of oldest child, $n(\%)$ | 1 (2%) | 7 (12%) | 8 (8%) |
| Number of children at home | 3(2, 5.2) | 3(1,5) | 3(1.5, 5) |
| Missing number of children at home, $n(\%)$ | 1 (2%) | 1 (2%) | 2 (2%) |
| Number of adults at home | 2(1, 5) | 2(1, 3) | 2(1, 4) |
| Missing number of adults at home, $n(\%)$ | 5(12%) | 11 (18%) | 16~(16%) |

Table 1: Summary of Respondent Characteristics by Program Participation

^a Continuous variables are reported as medians (interquartile range).
^b Percentages are computed using the number of respondents with a non-missing value.

| | Pilot | Expansion | Combined |
|---|----------|-----------|----------|
| | (n=41) | (n=60) | (n=101) |
| How many times have you been pregnant in your life? ^a | 2(1, 3) | 3(2,5) | 3(2,4) |
| How many times were you sick or injured in the past year? | 1.5(0,3) | 1(0, 2) | 1(0, 3) |
| Missing how many times were you sick or injured in the past year?, $n(\%)$ | 1(2%) | 3(5%) | 4 (4%) |
| Where do you most often take your children when they are sick?, $n(\%)$ | | | |
| Missing ^b | 0(0%) | 7 (12%) | 7(7%) |
| Malindi District Hospital | 29 (71%) | 26 (49%) | 55 (59%) |
| Private Hospital | 0 (0%) | 3 (6%) | 3 (3%) |
| Government Dispensary | 9 (22%) | 20 (38%) | 29(31%) |
| Private Clinic | 2(5%) | 3 (6%) | 5(5%) |
| Chemist | 1(2%) | 1(2%) | 2(2%) |
| Where do you most often go for health services (type)?, $n(\%)$ | | | |
| Missing | 0(0%) | 3(5%) | 3(3%) |
| Public hospital | 33 (80%) | 33 (58%) | 66 (67%) |
| Private hospital | 1 (2%) | 1 (2%) | 2 (2%) |
| Government dispensary | 6 (15%) | 17(30%) | 23(23%) |
| Private clinic | 1 (2%) | 5 (9%) | 6 (6%) |
| Other | 0(0%) | 1(2%) | 1(1%) |
| Where do you go first when you are sick?, $n(\%)$ | · · / | | |
| Public hospital | 11 (27%) | 16(27%) | 27 (27%) |
| Private hospital | 1 (2%) | 1 (2%) | 2(2%) |
| Government dispensary | 10 (24%) | 26(43%) | 36 (36%) |
| Private clinic | 2 (5%) | 6 (10%) | 8 (8%) |
| Chemist | 3(7%) | 3(5%) | 6 (6%) |
| Other | 14 (34%) | 8(13%) | 22(22%) |
| What type of health care facility is this?, $n(\%)$ | () | · · · | |
| Public hospital | 2(5%) | 2(3%) | 4 (4%) |
| Private hospital | 1(2%) | 4(7%) | 5(5%) |
| Government dispensary | 22(54%) | 51 (85%) | 73 (72%) |
| Private clinic | 15 (37%) | 3(5%) | 18 (18%) |
| Other | 1 (2%) | 0(0%) | 1 (1%) |
| How far is this hospital/clinic from your home?, $n(\%)$ | () | (| (, |
| 0-5km | 37 (90%) | 57(95%) | 94~(93%) |
| 6-10km | 4 (10%) | 3(5%) | 7 (7%) |
| Is this hospital or clinic able to satisfy all of your health needs?, $n(\%)$ | - (-070) | 0 (070) | . (.,.) |
| Missing | 5(12%) | 0 (0%) | 5(5%) |
| Yes | 24(67%) | 33 (55%) | 57 (59%) |
| No | 12 (33%) | 27 (45%) | 39 (41%) |

Table 2: Summary of Healthcare Needs by Program Participation

^a Continuous variables are reported as medians (interquartile range). ^b Percentages are computed using the number of respondents with a non-missing value.

| | Pilot | Expansion | Combined |
|---|----------------|----------------|------------------|
| | (n=41) | (n=60) | (n=101) |
| How far do you travel on average for health care services?, $n(\%)$ | . , | | |
| Missing ^b | 1(2%) | 1(2%) | 2(2%) |
| 0-5km | 24 (60%) | 43 (73%) | 67 (68%) |
| 6-10km | 12 (30%) | 12 (20%) | 24(24%) |
| 11-15km | 3 (8%) | 2(3%) | 5 (5%) |
| $>15 \mathrm{km}$ | 1(2%) | 2(3%) | 3(3%) |
| How often travel on foot?, $n(\%)$ | | | |
| Missing | 1(2%) | 2(3%) | 3(3%) |
| Never | 5(12%) | 8 (14%) | 13~(13%) |
| Rarely | 2(5%) | 2(3%) | 4 (4%) |
| Sometimes | 9(22%) | 7 (12%) | 16 (16%) |
| Often | 6(15%) | 8 (14%) | 14 (14%) |
| Always | 18 (45%) | 33~(57%) | 51 (52%) |
| How often travel by tuk tuk?, $n(\%)$ | | | |
| Missing | 1(2%) | 5(8%) | 6~(6%) |
| Never | 18 (45%) | 34(62%) | 52 (55%) |
| Rarely | 11 (28%) | 10 (18%) | 21 (22%) |
| Sometimes | 8 (20%) | 9(16%) | 17 (18%) |
| Often | 1 (2%) | 1(2%) | 2 (2%) |
| Always | 2(5%) | 1(2%) | 3(3%) |
| How often travel by piki piki?, $n(\%)$ | | | |
| Missing | 0(0%) | 5(8%) | 5(5%) |
| Never | 8 (20%) | 24 (44%) | 32 (33%) |
| Rarely | 2(5%) | 2 (4%) | 4 (4%) |
| Sometimes | 14 (34%) | 9(16%) | 23(24%) |
| Often | 5(12%) | 12(22%) | 17 (18%) |
| Always | 12 (29%) | 8 (15%) | 20(21%) |
| How often travel by boda boda?, $n(\%)$ | | | |
| Missing | 1 (2%) | 5 (8%) | 6(6%) |
| Never | 21(52%) | 42 (76%) | 63 (66%) |
| Rarely | 8 (20%) | 2 (4%) | 10 (11%) |
| Sometimes | 8 (20%) | 7 (13%) | 15 (16%) |
| Often | 1 (2%) | 4 (7%) | 5 (5%) |
| Always | 2(5%) | 0(0%) | 2(2%) |
| How often travel by matatu?, $n(\%)$ | | | × , |
| Missing | 3(7%) | 7 (12%) | 10 (10%) |
| Never | 27 (71%) | 42 (79%) | 69 (76%) |
| Rarely | 2(5%) | 0 (0%) | 2 (2%) |
| Sometimes | 3(8%) | 1(2%) | 4 (4%) |
| Often | 2(5%) | 3(6%) | 5(5%) |
| Always | 4 (11%) | 7 (13%) | 11(12%) |
| How much does tuk tuk cost you? ^a | 200 (100, 300) | 150 (100, 200) | 200 (100, 212.5) |
| Missing how much does tuk tuk cost you?, n(%) | 17 (41%) | 32 (53%) | 49 (49%) |
| How much does piki piki cost you? | 100 (100, 200) | 100 (100, 200) | 100(100, 200) |
| Missing how much does piki piki cost vou?, $n(\%)$ | 7 (17%) | 27 (45%) | 34 (34%) |
| How much does boda boda cost vou? | 80 (40, 100) | 60(55, 80) | 60 (50, 85) |
| Missing how much does boda boda cost vou?. n(%) | 24(59%) | 45 (75%) | 69 (68%) |
| How much does matatu cost you? | 80 (80, 80) | 100 (90. 100) | 80 (80, 100) |
| Missing how much does matatu cost you?, $n(\%)$ | 30 (73%) | 49 (82%) | 79 (78%) |

Table 3: Summary of Transportion and Costs by Program Participation

^a Continuous variables are reported as medians (interquartile range).

^b Percentages are computed using the number of respondents with a non-missing value.

| | Pilot | Expansion | Combined |
|---|----------|-----------|----------|
| | (n=41) | (n=60) | (n=101) |
| How often does hospital provide medications you need?, n(%) | | | |
| Missing | 0 (0%) | 2(3%) | 2(2%) |
| Rarely | 0 (0%) | 3(5%) | 3(3%) |
| Sometimes | 5(12%) | 9(16%) | 14 (14%) |
| Often | 24 (59%) | 33~(57%) | 57~(58%) |
| Always | 12 (29%) | 13(22%) | 25(25%) |
| If hospital does not have medications, how likely are you to get them on your own?, $n(\%)$ | | | |
| Missing | 1(2%) | 3(5%) | 4 (4%) |
| Never | 0(0%) | 4(7%) | 4 (4%) |
| Rarely | 0(0%) | 10 (18%) | 10 (10%) |
| Sometimes | 3(8%) | 20(35%) | 23 (24%) |
| Often | 5(12%) | 14 (25%) | 19(20%) |
| Always | 32 (80%) | 9 (16%) | 41 (42%) |
| Cost of medication prevents you?, $n(\%)$ | | | |
| Missing | 34 (83%) | 10 (17%) | 44 (44%) |
| Rarely | 0 (0%) | 4 (8%) | 4 (7%) |
| Sometimes | 0(0%) | 7 (14%) | 7 (12%) |
| Often | 2(29%) | 12 (24%) | 14 (25%) |
| Always | 5 (71%) | 27(54%) | 32(56%) |
| Distance to chemist prevents you?, $n(\%)$ | · · · · | · · · · | |
| Missing | 36 (88%) | 13(22%) | 49 (49%) |
| Never | 3(60%) | 15(32%) | 18 (35%) |
| Rarely | 0 (0%) | 4 (9%) | 4 (8%) |
| Sometimes | 1 (20%) | 8 (17%) | 9(17%) |
| Often | 0 (0%) | 11 (23%) | 11 (21%) |
| Always | 1 (20%) | 9 (19%) | 10 (19%) |
| Cost of transportation prevents you?, $n(\%)$ | | . , | . , |
| Missing | 36 (88%) | 10 (17%) | 46 (46%) |
| Never | 3(60%) | 14 (28%) | 17 (31%) |
| Rarely | 0 (0%) | 3(6%) | 3(5%) |
| Sometimes | 1 (20%) | 14 (28%) | 15 (27%) |
| Often | 1 (20%) | 11(22%) | 12 (22%) |
| Always | 0 (0%) | 8 (16%) | 8 (15%) |

| Table 4: Summary of Barriers to Medication by Program Participation | 1 |
|---|---|
|---|---|

^a Continuous variables are reported as medians (interquartile range).
^b Percentages are computed using the number of respondents with a non-missing value.

| | Pilot | Expansion | Combined | P-value ^c |
|---|-----------|---------------------|---|----------------------|
| | (n=41) | (n=60) | (n=101) | |
| How often cost of transportation prevents you?, $n(\%)$ | | | | < 0.001 |
| Never | 19(46%) | 10(17%) | 29(29%) | |
| Rarely | 6(15%) | 6 (10%) | 12 (12%) | |
| Sometimes | 13(32%) | 18 (30%) | 31(31%) | |
| Often | 3(7%) | 15(25%) | 18 (18%) | |
| Always | 0(0%) | 11 (18%) | 11 (11%) | |
| How often distance to facility prevents you?, $n(\%)$ | . , | . , | . , | 0.006 |
| Missing | 0 (0%) | 1(2%) | 1 (1%) | |
| Never | 19 (46%) | 15 (25%) | 34 (34%) | |
| Rarely | 6 (15%) | 12(20%) | 18 (18%) | |
| Sometimes | 13(32%) | 11 (19%) | 24(24%) | |
| Often | 2(5%) | 10(17%) | 12(12%) | |
| Always | 1(2%) | 11 (19%) | 12 (12%) | |
| How often lost time for work prevents you?, $n(\%)$ | × / | () | · · · · | 0.247 |
| Missing | 2(5%) | 2(3%) | 4 (4%) | |
| Never | 35 (90%) | 47 (81%) | 82 (85%) | |
| Rarely | 1(3%) | 4 (7%) | 5 (5%) | |
| Sometimes | 3(8%) | 5(9%) | 8 (8%) | |
| Often | 0(0%) | 1(2%) | 1(1%) | |
| Always | 0(0%) | 1(2%) | 1(1%) | |
| How often does lost time for chores prevent vou?, $n(\%)$ | 0 (0,0) | - (_/0) | - (-/0) | 0.940 |
| Missing | 0(0%) | 3(5%) | 3(3%) | |
| Never | 39 (95%) | 54(95%) | 93 (95%) | |
| Barely | 1(2%) | 2(4%) | 3(3%) | |
| Sometimes | 1(2%) | 1(2%) | 2(2%) | |
| How often does childcare prevent vou?, $n(\%)$ | - (_/0) | - (_/0) | = (=/0) | 0.014 |
| Missing | 0(0%) | 2(3%) | 2(2%) | |
| Never | 41 (100%) | 50(86%) | 91(92%) | |
| Barely | 0(0%) | 3(5%) | 3(3%) | |
| Sometimes | 0(0%) | 5(9%) | 5(5%) | |
| How often hospital fees prevent you? $n(\%)$ | 0 (070) | 0 (070) | 0 (070) | < 0.001 |
| Missing | 0(0%) | 1(2%) | 1(1%) | (0.001 |
| Never | 18(44%) | 9(15%) | 27(27%) | |
| Barely | 5(12%) | 6(10%) | 11(11%) | |
| Sometimes | 8(20%) | 10(17%) | 18(18%) | |
| Often | 4(10%) | 12(20%) | 16(16%) | |
| | 6(15%) | 12(2070) 22(37%) | 28(28%) | |
| How often fear of doctors prevents you? $n(\%)$ | 0 (1070) | 22 (0170) | 20 (2070) | 0.843 |
| Missing | 13 (32%) | 11 (18%) | 24 (24%) | 0.040 |
| Nover | 26(0270) | 16 (94%) | $\frac{24}{79} \left(\frac{24}{0} \right)$ | |
| Often | 20(0370) | 1(9%) | 1(1%) | |
| | 2(7%) | 2(4%) | 1(170) | |
| riways | ∠ (1/0) | 4 (470) | 4 (0/0) | |

Table 5: Summary of Barriers to Care by Program Participation

 ^a Continuous variables are reported as medians (interquartile range).
^b Percentages are computed using the number of respondents with a non-missing value.
^b To compare the distribution of likert scale response for participants by program participation, we use a Wilcoxon rank sum test.

| | OR (95% CI) | P-value |
|--|--|------------|
| How often cost of transportation prevents you? | | |
| Pilot | 0.26 (0.11 to 0.59) | 0.001 |
| Age | | 0.013 |
| 20 years (ref) | 1 | |
| 25 years | 1.30 (0.84 to 2.00) | |
| 30 years | 1.31 (1.00 to 1.71) | |
| Maternal Education (per year) | 1.81 (0.93 to 3.51) | 0.081 |
| Children at home (per 1 child) | 1.31 (0.98 to 1.75) | 0.001 |
| How often distance to facility prevents you? | 1.51 (0.56 to 1.16) | 0.001 |
| Dilet | $0.52 (0.94 \pm 0.117)$ | 0.115 |
| | $0.35(0.24\ to\ 1.17)$ | 0.110 |
| Age | 1 | 0.022 |
| 20 years (ref) | 1 | |
| 25 years | 1.13 (0.74 to 1.72) | |
| 30 years | 1.20 (0.92 to 1.56) | |
| Maternal Education (per year) | 1.45 (0.73 to 2.85) | 0.287 |
| Children at home (per 1 child) | 1.09 (0.82 to 1.44) | 0.550 |
| How often lost time for work prevents you? | | |
| Pilot | $0.49 \ (0.13 \text{ to } 1.82)$ | 0.286 |
| Age | | 0.165 |
| 20 years (ref) | 1 | |
| 25 years | 2.36 (0.93 to 5.99) | |
| 30 years | 1.53 (0.89 to 2.63) | |
| Maternal Education (per year) | $0.84 \ (0.28 \ \text{to} \ 2.50)$ | 0.751 |
| Children at home (per 1 child) | 0.78 (0.46 to 1.34) | 0.374 |
| How often does lost time for chores prevent you? | · · · · · | |
| Pilot | $1.05 \ (0.13 \text{ to } 8.23)$ | 0.965 |
| Age | | 0.544 |
| 20 years (ref) | 1 | 0.0 |
| 25 years | 2.12 (0.43 to 10.50) | |
| 30 years | 1.38 (0.54 to 3.53) | |
| Maternal Education (nor year) | 0.29 (0.05 to 1.74) | 0.177 |
| Children at home (per 1 child) | 1.00 (0.55 to 2.16) | 0.111 |
| How often does childeare prevent you? | 1.09 (0.05 to 2.10) | 0.130 |
| Dilet | 0.00.(0.00+2.0078600+16) | 0.714 |
| | 0.00 (0.00 to 2.958699e+16) | 0.714 |
| Age | 1 | 0.093 |
| 20 years (ref) | $\begin{bmatrix} 1 \\ 01 & 00 & (1 & 51 & 1 & 5 & 4000 \\ 50 & 1 & 00 & (1 & 51 & 1 & 5 & 4000 \\ 1 & 1 & 1 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 & 1 \\ 0 & 1 & 0 & 0 & (1 & 51 & 1 \\ 0 & 1 & 0 & 0 & 0 & (1 & 51 & 1 \\ 0 & 1 & 0 & 0 & 0 & (1 & 51 & 1 \\ 0 & 1 & 0 & 0 & 0 & (1 & 51 & 1 \\ 0 & $ | |
| 25 years | 91.09 (1.51 to $5.488270e+03$) | |
| 30 years | 4.34 (0.84 to 2.235000e+01) | |
| Maternal Education (per year) | 5.04 (0.59 to 4.286000 e + 01) | 0.139 |
| Children at home (per 1 child) | 1.93 (0.89 to 4.150000 e + 00) | 0.095 |
| How often hospital fees prevent you? | | |
| Pilot | $0.22 \ (0.10 \ \text{to} \ 0.49)$ | $<\!0.001$ |
| Age | | 0.609 |
| 20 years (ref) | 1 | |
| 25 years | $1.11 \ (0.76 \text{ to } 1.62)$ | |
| 30 years | $1.03 \ (0.82 \text{ to } 1.30)$ | |
| Maternal Education (per year) | $0.80 \ (0.42 \text{ to } 1.54)$ | 0.510 |
| Children at home (per 1 child) | 0.70 (0.50 to 0.96) | 0.026 |
| How often fear of doctors prevents you? | | |
| Pilot | 1.86 (0.22 to 15.85) | 0.570 |
| Age | (0.2.2.2.2.000) | 0.326 |
| 20 years (ref) | 1 | 0.010 |
| 25 years | $\frac{1}{442}$ (0.62 to 31.25) | |
| 30 years | $2.46 (0.75 \pm 0.803)$ | |
| Maternal Education (non year) | 2.10(0.1000.00) 0.87(0.16 to 4.95) | 0 979 |
| Children at home (reg 1 -hild) | 0.01 (0.10 0 4.80) $0.70 (0.02 \pm 0.10)$ | 0.070 |
| Unifigure at nome (per 1 child) | 0.70 (0.23 to 2.10) | 0.525 |

Table 6: Proportional Odds Models: Barriers to Care

 $^{\rm a}$ For some models, there is evidence that age (p<0.05) is nonlinear with the proportional log-odds of increased barrier; thus age is modeled using a restricted cubic spline with 3 knots.

| | Pilot | Expansion | Combined |
|--|----------|-----------|-----------|
| | (n=69) | (n=76) | (n=145) |
| What type of sickness/injury?, $n(\%)$ | | | |
| Missing ^b | 1(1%) | 1(1%) | 2(1%) |
| Stomach problem | 17 (25%) | 25~(33%) | 42 (29%) |
| Respiratory problem | 8 (12%) | 13~(17%) | 21 (15%) |
| Fever | 10(15%) | 13~(17%) | 23~(16%) |
| Malaria | 16(24%) | 12~(16%) | 28 (20%) |
| Injury | 2(3%) | 1(1%) | 3(2%) |
| Other (specify) | 15 (22%) | 11 (15%) | 26(18%) |
| How severe?, $n(\%)$ | | | |
| Missing | 0(0%) | 6(8%) | 6(4%) |
| Not severe | 0(0%) | 1 (1%) | 1 (1%) |
| Mild | 6(9%) | 5(7%) | 11 (8%) |
| Moderate | 17 (25%) | 13~(19%) | 30(22%) |
| Severe | 42 (61%) | 43 (61%) | 85 (61%) |
| Life threatening | 4 (6%) | 8 (11%) | 12 (9%) |
| Did you seek medical care?, $n(\%)$ | | | |
| Missing | 0(0%) | 2(3%) | 2(1%) |
| Yes | 57 (83%) | 61 (82%) | 118 (83%) |
| No | 12 (17%) | 13 (18%) | 25 (17%) |
| If you did seek care, where?, $n(\%)$ | | | |
| Missing | 12 (17%) | 15 (20%) | 27 (19%) |
| Malindi District Hospital | 29 (51%) | 37~(61%) | 66~(56%) |
| Private Hospital | 4 (7%) | 1 (2%) | 5 (4%) |
| Government Dispensary | 12 (21%) | 18 (30%) | 30 (25%) |
| Private Clinic | 9 (16%) | 4 (7%) | 13 (11%) |
| Chemist | 2(4%) | 0 (0%) | 2(2%) |
| Traditional Healer/Herbalist | 1(2%) | 0 (0%) | 1(1%) |
| Other (specify) | 0(0%) | 1(2%) | 1 (1%) |

Table 7: Health Outcomes by Program Participation

^b Percentages are computed using the number of sicknesses with a nonmissing value.

| | Not Malindi | Malindi | Combined |
|---|-------------|----------|----------|
| | (n=52) | (n=66) | (n=118) |
| Was this SM in the pilot program?, $n(\%)$ | | | |
| Yes | 28~(54%) | 29 (44%) | 57~(48%) |
| No | 24 (46%) | 37~(56%) | 61~(52%) |
| What type of sickness/injury?, $n(\%)$ | | | |
| Stomach problem | 15~(29%) | 19(29%) | 34~(29%) |
| Respiratory problem | 7(13%) | 7(11%) | 14~(12%) |
| Fever | 14 (27%) | 7 (11%) | 21~(18%) |
| Malaria | 6(12%) | 17(26%) | 23~(19%) |
| Other (specify) | 10 (19%) | 16(24%) | 26 (22%) |
| How severe?, $n(\%)$ | | | |
| Missing | 5(10%) | 0 (0%) | 5(4%) |
| Not severe | 0 (0%) | 1(2%) | 1(1%) |
| Mild | 1(2%) | 4(6%) | 5(4%) |
| Moderate | 15(32%) | 9(14%) | 24~(21%) |
| Severe | 29~(62%) | 42 (64%) | 71~(63%) |
| Life threatening | 2(4%) | 10(15%) | 12~(11%) |
| Number of children at home ^a | 3(2,5) | 3.5(2,5) | 3(2,5) |
| How far do you travel on average for health care services?, $n(\%)$ | | | |
| 0-5km | 23~(44%) | 45 (68%) | 68~(58%) |
| 6-10km | 14 (27%) | 18 (27%) | 32 (27%) |
| 11-15km | 8 (15%) | 2 (3%) | 10 (8%) |
| >15km | 7(13%) | 1(2%) | 8(7%) |

Table 8: Health Outcomes by Malindi Hospital Use

^a Continuous variables are reported as medians (interquartile range).
^b Percentages are computed using the number of sicknesses with a non-missing value.
^c This table includes only those patients who reported seeking ANY medical care.

| | OR (95% CI) | P-value |
|------------------------------------|------------------------------------|---------|
| Pilot | $0.77 \ (0.27 \ \text{to} \ 2.18)$ | 0.617 |
| Children at home (per 1 child) | $1.11 \ (0.75 \ \text{to} \ 1.62)$ | 0.604 |
| Distance travel for health servies | | 0.034 |
| 0-5 km (ref) | 1 | |
| 6-10 km | $1.00 \ (0.30 \ \text{to} \ 3.32)$ | |
| >10 km | $0.10 \ (0.02 \ \text{to} \ 0.60)$ | |
| Severity | | 0.856 |
| Mild/Moderate (ref) | 1 | |
| Severe/Life threatening | $1.11 \ (0.36 \text{ to } 3.47)$ | |

Table 9: Logistic Regression Model: Malindi District Hospital Use (with Severity)

^a There is no evidence that number of children is nonlinear with the log-odds of hospital usage (p=0.95).

^b There are 113 observations in this model. Not severe (1) is recategorized as mild.

Table 10: Logistic Regression Model: Malindi District Hospital Use (with Type)

| | OR (95% CI) | P-value |
|------------------------------------|------------------------------------|---------|
| Pilot | $0.80 \ (0.25 \text{ to } 2.58)$ | 0.715 |
| Children at home (per 1 child) | $1.14 \ (0.75 \ \text{to} \ 1.72)$ | 0.541 |
| Distance travel for health servies | | 0.043 |
| 0-5 km (ref) | 1 | |
| 6-10 km | $0.82 \ (0.20 \text{ to } 3.26)$ | |
| >10 km | $0.10 \ (0.02 \ \text{to} \ 0.62)$ | |
| Sickness | | 0.168 |
| Malaria (ref) | 1 | |
| Stomach | $0.46 \ (0.11 \ \text{to} \ 1.94)$ | |
| Respiratory | 0.45 (0.07 to 2.83) | |
| Fever | $0.20 \ (0.04 \ \text{to} \ 0.93)$ | |
| Other | 0.82 (0.17 to 3.93) | |

^a There is no evidence that number of children is nonlinear with the log-odds of hospital usage (p=0.90).

^b There are 118 observations in this model. Injury (3) is recategorized as other.

| | Pilot | Expansion | Combined |
|---|----------|-----------|-----------|
| | (n=103) | (n=224) | (n=327) |
| What was the pregnancy result?, $n(\%)$ | | | |
| Missing ^b | 0(0%) | 11 (5%) | 11 (3%) |
| Elective abortion | 1 (1%) | 0 (0%) | 1 (< 1%) |
| Miscarriage | 4 (4%) | 14 (7%) | 18 (6%) |
| Premature birth | 10 (10%) | 37~(17%) | 47 (15%) |
| Full term birth | 86 (83%) | 157 (74%) | 243 (77%) |
| Other | 2(2%) | 5(2%) | 7(2%) |
| If delivery, where?, $n(\%)$ | | | |
| Missing | 7~(7%) | 21 (9%) | 28~(9%) |
| Home | 65~(68%) | 133~(66%) | 198~(66%) |
| Hospital | 31 (32%) | 70~(34%) | 101 (34%) |
| If at home, who assisted?, $n(\%)$ | | | |
| Missing | 39 (38%) | 93~(42%) | 132~(40%) |
| Family member | 20 (31%) | 64~(49%) | 84 (43%) |
| Local midwife | 42 (66%) | 53~(40%) | 95~(49%) |
| Nurse | 0 (0%) | 8~(6%) | 8 (4%) |
| Other | 2(3%) | 6(5%) | 8 (4%) |
| If at home, did you go to the hospital after delivery?, $n(\%)$ | | | |
| Missing | 39(38%) | 105~(47%) | 144 (44%) |
| Yes | 34~(53%) | 72~(61%) | 106~(58%) |
| No | 30~(47%) | 47 (39%) | 77 (42%) |
| What type of birth did you have?, $n(\%)$ | | | |
| Missing | 8(8%) | 27~(12%) | 35~(11%) |
| Natural | 92 (97%) | 194~(98%) | 286 (98%) |
| Caesarian | 3(3%) | 2(1%) | 5(2%) |
| Other | 0 (0%) | 1(1%) | 1 (< 1%) |
| Were there any complications?, $n(\%)$ | | | |
| Missing | 8(8%) | 35~(16%) | 43 (13%) |
| Yes | 9~(9%) | 25~(13%) | 34~(12%) |
| No | 86 (91%) | 164 (87%) | 250 (88%) |

Table 11: Pregnancy Outcomes by Program Participation

^b Percentages are computed using the number of pregnancies with a non-missing value.

| | Home | Hospital | Combined |
|---|------------|------------|-----------|
| | (n=198) | (n=101) | (n=299) |
| Was this SM in the pilot program?, $n(\%)$ | | | |
| Yes | 65~(33%) | 31 (31%) | 96~(31%) |
| No | 133~(67%) | 70~(69%) | 203~(69%) |
| What was the pregnancy result?, $n(\%)$ | | | |
| Missing ^b | 2(1%) | 5(5%) | 7(2%) |
| Elective abortion | 0 (0%) | 0 (0%) | 0 (<1%) |
| Miscarriage | 1 (1%) | 1 (1%) | 2(6%) |
| Premature birth | 30(15%) | 17(18%) | 47 (15%) |
| Full term birth | 161 (82%) | 77~(80%) | 238~(77%) |
| Other | 4 (2%) | 1(1%) | 5(2%) |
| If at home, who assisted?, $n(\%)$ | | | |
| Missing | 3(2%) | 101 (100%) | 104~(35%) |
| Family member | 84 (43%) | 0(0%) | 84 (43%) |
| Local midwife | 95~(49%) | 0(0%) | 95~(49%) |
| Nurse | 8 (4%) | 0 (0%) | 8 (4%) |
| Other | 8 (4%) | 0 (0%) | 8 (4%) |
| If at home, did you go to the hospital after delivery?, n(%) | | | |
| Missing | 15 (8%) | 101 (100%) | 116 (39%) |
| Yes | 106~(58%) | 0(0%) | 106~(58%) |
| No | 77 (42%) | 0 (0%) | 77 (42%) |
| What type of birth did you have?, $n(\%)$ | | | |
| Missing | 6(3%) | 5(5%) | 11 (4%) |
| Natural | 192 (100%) | 90 (94%) | 282 (98%) |
| Caesarian | 0(0%) | 5(5%) | 5(2%) |
| Other | 0 (0%) | 1 (1%) | 1 (< 1%) |
| Were there any complications?, $n(\%)$ | | | |
| Missing | 12~(6%) | 8 (8%) | 20(7%) |
| Yes | 10(5%) | 23~(25%) | 33~(12%) |
| No | 176~(95%) | 70(75%) | 246 (88%) |
| Number of years of school ^a | 2.5(0, 6) | 3(0,7) | 3(0, 6) |
| Missing number of years of school, $n(\%)$ | 4 (2%) | 3(3%) | 7(2%) |
| Number of children at home | 4(2,7) | 2(1, 6) | 3(2, 6) |
| How far do you travel on average for health care services?, $n(\%)$ | | | |
| 0-5km | 130 (66%) | 61~(62%) | 191 (65%) |
| 6-10km | 53 (27%) | 26(27%) | 79(25%) |
| 11-15km | 10 (5%) | 10 (10%) | 20 (7%) |
| >15km | 4 (2%) | 1 (1%) | 5 (2%) |

| Table | 12: | Pregnancy | Outcomes | by | Labor | and | Delivery | Location |
|-------|-----|-----------|----------|----|-------|-----|----------|----------|
| | | 0 1 | | • | | | | |

^a Continuous variables are reported as medians (interquartile range).
^b Percentages are computed using the number of pregnancies with a non-missing value.
^c This table includes only those patients who reported delivery in hospital or home.

| | OR (95% CI) | P-value |
|------------------------------------|------------------------------------|------------|
| Pilot | $0.92 \ (0.45 \ \text{to} \ 1.91)$ | 0.832 |
| Maternal Education | | $<\!0.001$ |
| 2 years (ref) | 1 | |
| 4 years | $1.10 \ (0.75 \ \text{to} \ 1.61)$ | |
| 8 years | 1.90 (1.21 to 2.99) | |
| Children at home | | 0.015 |
| 2 children | 3.09 (1.08 to 8.80) | |
| 6 children (ref) | 1 | |
| 10 children | 4.71 (1.71 to 12.96) | |
| Distance travel for health servies | | 0.378 |
| 0-5 km (ref) | 1 | |
| 6-10 km | $0.81 \ (0.36 \text{ to } 1.80)$ | |
| >10 km | $2.14 \ (0.62 \text{ to } 7.37)$ | |
| Birth complications | 5.51 (1.75 to 17.37) | 0.004 |

Table 13: Logistic Regression Model: Labor and Delivery in Hospital

^a There is evidence that maternal education (p=0.07) and number of children (p=0.01) are nonlinear with the log-odds of hospital delivery.

^b There are 270 observations in this model.









| | OR (95% CI) | P-value |
|------------------------------------|------------------------------------|---------|
| Pilot | 4.54 (1.65 to 12.52) | 0.003 |
| Age (per 5 years) | 1.46 (1.12 to 1.90) | 0.005 |
| Maternal Education (per year) | $1.51 \ (0.67 \ \text{to} \ 3.41)$ | 0.320 |
| Children at home (per 1 child) | $0.70 \ (0.46 \text{ to } 1.06)$ | 0.089 |
| Distance travel for health servies | | 0.322 |
| 0-5 km (ref) | 1 | |
| 6-10 km | $2.38 \ (0.75 \text{ to } 7.55)$ | |
| >10 km | $0.94 \ (0.18 \text{ to } 4.94)$ | |

Table 14: Logistic Regression Model: Malindi District Hospital is destination for children when they are sick

^a There is no compeling evidence that age, education, and number of children is nonlinear with the log-odds of hospital usage.
^b There are 94 observations in this model.

Table 15: Logistic Regression Model: Public Hospital is destination for self when sick

| | OR $(95\% \text{ CI})$ | P-value |
|------------------------------------|------------------------------------|---------|
| Pilot | 4.95 (1.62 to 15.08) | 0.005 |
| Age (per 5 years) | $1.23 \ (0.98 \text{ to } 1.53)$ | 0.074 |
| Maternal Education (per year) | $1.84 \ (0.76 \ \text{to} \ 4.41)$ | 0.174 |
| Children at home (per 1 child) | $0.71 \ (0.48 \text{ to } 1.05)$ | 0.085 |
| Distance travel for health servies | | 0.086 |
| 0-5 km (ref) | 1 | |
| 6-10 km | $1.85 \ (0.55 \ \text{to} \ 6.21)$ | |
| >10 km | $0.23 \ (0.05 \text{ to } 1.16)$ | |

^a There is no compeling evidence that age, education, and number of children is nonlinear with the log-odds of hospital usage.

^b There are 98 observations in this model.